

MONARK UNIVERSITY

PIYUNI GOSWAMI COLLEGE OF ARTS

SEMINAR REPORT

Name of Activity/Event:	A Seminar on "How to deal with Exam fear by the power of subconscious mind"				
Name of Organizing Body (Institute/Department):	FACULTY OF ARTS				
Sponsoring Agency:	ARTS			Amount in Rs. (if any):	-
Academic Year:	2023-24			Date of Event:	31/01/2024
Total No. of Participants (Students):	100	Male:	55	Female:	45
Total No. of Participants (Faculty):	02	Male:	00	Female:	02
Name of Faculty Coordinator:	Dr. Himadri Raval				
Email Id:	Raval.himadri@gmail.com			Contact No.:	9408011001
Name of Student Coordinator:	Dr. Kunj Vihari Makwana				
Email Id:	Kunjvihari.87@gmail.com			Contact No.:	9904655041
Details of Activity:	A detailed yet interesting seminar on power of subconscious mind. The expert gave fruitful session that focus on utilization of hidden potentials of the above mentioned mind. Furthermore, the expert involved students in questions and answers session also.				
Outcome:	<ul style="list-style-type: none">• To release fear from students as far as exams are concerned.• To explain importance of opportunities.• To develop both problems oriented as well as solution oriented mindset.				
Awards (if Any):					

Photographs of Event



Sign of Event Coordinator: