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# Maintenance of mental health through Ayurveda

Department of Psychology, Saurashtra University in collaboration with the IIC and SU Startup and Entrepreneurship Council, Saurashtra University will be hosting a seminar on **"Maintenance of mental health through Ayurveda"** on 27 October, 2023.



**Dr. Jaydeepsinh Jadeja**

Red Stone  
Ayurveda Hospital



03:00 pm



October 27,  
2023



Maharshi Arvind  
Department of Psychology,  
Saurashtra University

Register Here

[bit.ly/SUSEC-RED](https://bit.ly/SUSEC-RED)



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